

**ELISA kits available from ADI (see details at the web site)**

#0010	Human Leptin		
#200-120-AGH	Human globular Adiponectin (gAcrp30)		
#0700	Human Sex Hormone Binding Glob (SHBG)		
#0900	Human IGF-Binding Protein 1 (IGFBP1)		
#1000	Human C-Reactive Protein (CRP)		
#100-110-RSH	Human Resistin /FIZZ3		
#100-140-ADH	Human Adiponectin (Acrp30)		
#100-160-ANH	Human Angiogenin		
#100-180-APH	Human Angiopoietin-2 (Ang-2)		
#100-190-B7H	Human Bone Morphogenic Protein 7 (BMP-7)		
#1190	Human Serum Albumin		
#1200	Human Albumin (Urinary)		
#1750	Human IgG (total)	#1760	Human IgM
#1800	Human IgE	#1810	Human Ferritin
#1210	Human Transferrin (Tf)	#0020	Beta-2 microglobulin
#1600	Human Growth Hormone (GH)		
#0060	Human Pancreatic Colorectal cancer (CA-242)		
#1820	Human Ovarian Cancer (CA125)		
#1830	Human CA153		
#1840	Human Pancreatic & GI Cancer (CA199)		
#1310	Human Pancreatic Lipase		
#1400	Human Prostatic Acid Phosphatase (PAP)		
#1500	Human Prostate Specific Antigen (PSA)		
#1510	free PSA (fPSA)		
#0500	Human Alpha Fetoprotein (AFP)		
#0050	Human Neuron Specific Enolase (NSE)		
#0030	Human Insulin		
#0040	Human C-peptide		
#0100	Human Luteinizing Hormone (LH)		
#0200	Human Follicle Stimulating Hormone (FSH)		
#0300	Human Prolactin (PRL)		
#0400	Human Chorionic Gonadotropin (HCG)		
#0410	HCG-free beta		
#0600	Human Thyroid Stimulating Hormone (TSH)		
#1100	Human Total Thyroxine (T4)		
#1110	Human Free T4 (fT4)		
#1650	Human free triiodothyronine (fT3)		
#1700	Human T3 (total)		
#1850	Human Cortisol	#1860	Human Progesterone
#1865	Human Pregnonolone	#1875	Human Aldosterone
#1880	Human Testosterone	#1885	Human free Testosterone
#1910	Human Androstenedione	#1920	Human Estradiol
#1925	Human Estrone	#1940	Dihydrotestosterone (DHT)
#1950	Human DHEA-sulphate (DHEA-S)		
#3400	Human serum Neopterin		
#3000	Human Rheumatoid Factors IgM (RF)		
#3100	Human anti-dsDNA		
#3200	Anti-Nuclear Antibodies (ANA)		

Instruction Manual No. M-0350

## Glucagon Like Peptide (GLP-1) Active

### ELISA KIT Cat. No. 0350

**For Quantitative Determination of Active GLP-1 (GLP-1, 7-36 amide and GLP-1 (7-37) In Plasma of Human, Mouse, and Rat.**

*For In Vitro Research Use Only*



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**Human GLP-1 Active ELISA KIT # 0350,**  
**Kit Contents:** (reagents for 96 tests)

<b>C o m p o n e n t s</b>	<b>C a t #</b>
Anti-GLP-1 precoated microwell <b>strip plate</b> (96 wells). Ready-to-use	0351
GLP-1 (7-36) amide, <b>Standard</b> , 2 vials, lyophilized, dissolve in <b>0.5 ml</b> water for stock conc. of 160 pmol/L	0352
Anti-Antibody (GLP-1 IgG)-HRP Conj ( <b>30X</b> ). <b>0.4 ml</b>	0353
HRP <b>Dilution buffer</b> , <b>12 ml</b>	0354
GLP-1 <b>Assay buffer</b> . <b>30 ml</b>	0355
<b>Wash Buffer (40X)</b> , <b>50 ml</b>	WB-350
<b>TMB substrate</b> Solution, <b>15 ml</b>	TMB-350
<b>Stop solution</b> (diluted sulfuric acid), <b>12 ml</b>	ST-350
Complete Instruction Manual	M-0350

**INTRODUCTION**

Glucagon-like peptide-1 (GLP-1) is a 31 amino acid peptide hormone derived from selective cleavage of the proglucagon gene. It is mainly produced from enteroendocrine L-cells in GI tract. The other cleavage products derived from proglucagon genes are glucagon, GLP-2 and other small fragment peptides including Glicentin, Oxyntomodulin and two intervening peptides (IP-1 and IP-2). Except for glucagon cleaved in  $\alpha$  cells of the pancreas, all other cleaved peptides occurred in enteroendocrine L cells of intestine.

Incretins are a group of gastrointestinal hormones that cause an increase in the amount of insulin released from the beta cells of the islets of Langerhans after eating. They also inhibit glucagon release from the alpha cells of the islets of Langerhans. As a result, they slow the rate of absorption of nutrients into the blood stream by reducing gastric emptying and may directly reduce food intake. The two main candidate molecules that fulfill criteria for an incretin are glucagon-like peptide-1 (GLP-1) and Gastric inhibitory peptide (or glucose-dependent insulinotropic polypeptide or GIP). The human proglucagon gene was cloned in 1983, and the human proglucagon sequence was subsequently deduced. After that, it was found that the specific sequence of GLP-1 has insulinotropic effect: GLP-1 (7-36) amide. Now, GLP-1 (7-36) amide and GLP-1 (7-37) are known as active forms of GLP-1. They are rapidly inactivated to GLP-1 (9-36) amide and GLP-1 (9-37) by DPP-IV within a few moments in blood. Currently, Several DPP-IV inhibitors that can be taken orally as a tablet have already been developed as a treatment for diabetes.

This ELISA kit can measure **Active forms of GLP-1 (GLP-1 (7-36) amide and GLP-1 (7-37)** specifically in human plasma. Due to conservation of GLP-1, this kit can also be used for mouse, rat samples. Note: **We recommend to use DPP-IV inhibitor when collecting blood to prevent degradation of GLP-1.**

ADI GLP-1 ELISA kit is intended for *in vitro* research use only (RUO).

**Species Reactivity**

GLP-1 antibody reacts with the mouse, rat, and human GLP-1 so this ELISA test is recommended for mouse and rat samples as well.

**QUALITY CONTROL**

Additional controls should be analyzed with each run of calibrators and patient samples. Results generated from the analysis of the control samples should be evaluated for acceptability using appropriate statistical methods. When the laboratory test the GLP-1 assay, the release of patient sample results should be based on whether the kit Control results fall within the suggested acceptable ranges. If one or more of the quality control sample values lie outside the acceptable limits, the assay should be repeated. Once the laboratory has generated data of its own, the quality control parameters should be based on the statistical data by the laboratory, using either kit Control and/or serum pools made by the laboratory. Levy-Jenning plots on control results should be used. If the results for all the control samples are within mean + 2 standard deviations, with no definitive trend or bias of the quality control data, the assay should be deemed acceptable. The Westgard rule should be followed to be compliant with CLIA 88 regulations. If the control results do not fall within the stated parameters as described, assay results are invalid.

**LIMITATIONS OF THE PROCEDURE**

Serum samples or other fluids have not been tested, we recommend testing or other samples with appropriate controls.

**References**

Orskov C 91994) Diabetes 43, 535-539; Yanihara N (1990) Hum. Cell. 3, 1-8; Asarian L (1998) Physiol. Behav. 64, 367-372; Mojsov S (1990) JBC 265, 8001-8008; Vella A (2000) Diabetes 49, 611-617; Nauck MA (1998) Diabetes Med. 15, 937-945; Naslun E (2004) Br. J. Nutr. 91, 439-446;

**Related ELISA kits**

<b>Catalog#</b>	<b>ProdDescription</b>
0030-10-B1	Bovine Insulin ELISA Kit, 96 tests, Quantitative, 96 tests, Quantitative
0030-20-I	Human Insulin-Biotin ELISA Kit, 96 tests, Quantitative, 96 tests
0030-40-1	Mouse Insulin ELISA Kit, High Sensitivity, Quantitative, 96 tests
0030-40-10	Mouse Insulin ELISA Kit, High Sensitivity, Quantitative, 10x 96 tests
0030-50-1	Rat Insulin ELISA Kit, High Sensitivity, Quantitative, 96 tests
0030-50-10	Rat Insulin ELISA Kit, High Sensitivity, Quantitative, 10x 96 tests
0030-60-1	Mouse/Rat Proinsulin ELISA Kit, High Sensitivity, Quantitative, 96
0030-70-1	Mouse/Rat C-Peptide ELISA Kit, High Sensitivity, Quantitative, 96
0030N	Human Insulin ELISA Kit, 96 tests, Quantitative, 96 tests
0035-IA	Human Insulin & Insulin Analogs (Lispro/Humalog, Aspart, Glargine, Glulisine, Determir) ELISA Kit, 96 tests,
0040	Human C-peptide ELISA Kit, 96 tests, Quantitative

## Preparation of 7-working GLP-1 Standards

Take 1 vial of GLP-1 (7-36 amide) and dissolve in 0.5 ml of distilled water. Mix it gently to prepare 160 pmol/L initial stock. This will be diluted 1:2 fold to prepare 7 standards of 80-1.25 pmol/L as follows.

Std#	Stock GLP-1	GLP-1 Assay buffer	Total Volume*	Final Conc pmol/L
1.	250 ul of <b>160 pmol/L</b>	250 ul	500 ul	<b>80</b>
2.	250 ul of <b>80 pmol/L</b>	250 ul	500 ul	<b>40</b>
3.	250 ul of <b>40 pmol/L</b>	250 ul	500 ul	<b>20</b>
4.	250 ul of <b>20 pmol/L</b>	250 ul	500 ul	<b>10</b>
5.	250 ul of <b>10 pmol/L</b>	250 ul	500 ul	<b>5</b>
6.	250 ul of <b>5 pmol/L</b>	250 ul	500 ul	<b>2.5</b>
7.	250 ul of <b>2.5 pmol/L</b>	250 ul	500 ul	<b>1.25</b>
8.	blanks	250ul	-	<b>0</b>

\*=500 ul will become 250 ul because 250 ul will be transferred to make the next standards. You need 200 ul of each stds to test (100 ul/well x 2). Prepare the standards. It is preferable to make the stds on the day of the test and do not store for more than 1-2 days.

**TEST PROCEDURE** (ALLOW ALL REAGENTS TO REACH ROOM TEMPERATURE 22-28 oC BEFORE USE).

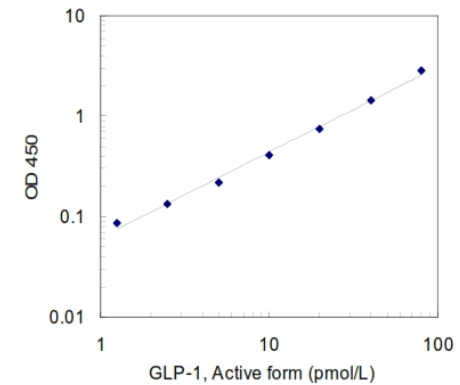
Arrange required # of coated strips and arrange them on the plate. Store unused strips in the bag.

1. Pipet **100 ul** of blanks, standards (1-8), controls and samples into appropriate wells in *duplicate*. **Mix gently and incubate for 60 min at 37oC.**
2. First Aspirate the well contents completely and **wash the wells 6-7 times with 1x wash buffer (300 ul/well)** We recommend using an automated ELISA plate washer for better consistency. Failure to wash the wells properly will lead to high blank or zero values. If washing manually, plate must be tapped over paper towel between washings to ensure proper washing.
3. Add **100 ul of 1X Antibody-HRP conj** into each well. Mix gently for 5-10 seconds and **incubate for 60 min at 2-4oC.**
4. Aspirate the well contents completely and **wash the wells 6-7 times with 1x wash buffer (300 ul/well)** as in step 2. After the last wash, plate must be tapped over paper towel to remove traces of HRP.
5. Dispense **100 ul of TMB substrate** into the wells. Mix gently for 5-10 seconds, cover the plate and **incubate for 30 min at room temp (22-28oC) in the drawer or covered with foil.** Positive wells will develop blue color.
6. Add **100 ul stop solution** into each well and mix gently for 5-10 seconds (blue color turns into yellow). **Read absorbance at 450 nm** and 630 as reference within 15 minutes.

## WORKSHEET OF TYPICAL ASSAY

Wells	Std/samples (pmol/L)	Net Abs.	Calculated Conc (pmol/l)
A1, A2	<b>Std. A (blanks)</b>	0.058	
B1, B2	<b>Std. B 1.25</b>	0.144	
C1, C2	<b>Std. C, 2.5</b>	0.193	
D1, D2	<b>Std. D, 5</b>	0.275	
E1, E2	<b>Std. E , 10</b>	0.469	
E1, E2	<b>Std. F , 20</b>	0.809	
E1, E2	<b>Std. G , 40</b>	1.499	
E1, E2	<b>Std. G , 80</b>	2.889	
G1, G2	<b>Sample 1</b>	0.801	20

**NOTE:** These data are for demonstration purpose only. A complete standard curve must be run in every assay to determine sample values.



## CALCULATION OF RESULTS

1. Deduct the A450 values (blanks) from standards and all samples.
2. Assign the concentration for each calibrator stated on the vial in mU/ml. Plot the data from the calibration curve on semi-log graph paper with the concentration on the X-axis and the corresponding A450 values on the Y-axis.
3. Draw a straight line between 2 adjacent points. This mathematical algorithm is commonly known as the "point-to-point" calculation. Obtain the concentration of the sample by locating the absorbance unit on the Y-axis and finding the corresponding concentration value on the X-axis. Patient and control samples should be read using the standards curve.
4. if using graphic software programs, we recommend using cubic spline or 4 PL [4 Parameter Logistics] or Point-to-Point can generally give a good fit.

## Sensitivity

0.10 pmol/L (1 pmol=3 pg)

The sensitivity for this kit was determined using the guidelines under the National Committee for Clinical Laboratory Standards (NCCLS) Evaluation Protocols. (National Committee for Clinical Laboratory Standards Evaluation Protocols, SC1, (1989) Villanova, PA: NCCLS.)

## Performance Characteristics

### 1. Added Recovery Assay

Specimen	Theoretical Value (pmol/L)	Measurement Value (pmol/L)	%
*Human Plasma (EDTA) (x2)	41.40	33.93	82.0
	21.40	18.91	88.4
	11.40	9.96	87.4
*Mouse Plasma (EDTA) (BALB/c) (x2)	42.51	39.93	93.9
	22.51	20.93	93.0
	12.51	11.54	92.2
*Rat Plasma (EDTA) (SD) (x2)	21.24	17.75	83.6
	11.24	9.20	81.9
	6.24	5.19	83.2
10%FCS added RPMI-1640 (x2)	40.41	38.02	94.1
	20.41	20.33	99.6
	10.41	9.96	95.7

\*the plasma samples was contained in DPP-IV inhibitors.

### 2. Intra-Assay

Measurement Value (pmol/L)	SD value	CV value (%)	n
41.56	2.26	5.4	24
11.38	0.51	4.5	24
2.43	0.13	5.5	24

### 2. Inter-Assay

Measurement Value (pmol/L)	SD value	CV value (%)	n
41.62	3.03	7.36	7
11.24	0.8	7.1	7
2.18	0.24	10.9	7

### 4. Specificity

Compound	Crossreactivity
GLP-1 (7-36)amide	100%
GLP-1 (7-37)	100%
GLP-1 (1-37)	0.32%
GLP-1 (9-36) amide, GLP-2, Glucagon, Human/mouse GIP	<0.1%

## PRINCIPLE OF THE TEST

GLP-1 ELISA kit is based on sequential binding of GLP-1 from samples to two antibodies, one immobilized on microtiter well plates and other conjugated to the enzyme horseradish peroxidase. After a washing step, chromogenic substrate is added and colors developed. The enzymatic reaction (color) is directly proportional to the amount of GLP-1 present in the sample. Adding stopping solution terminates the reaction. Absorbance is then measured on a microtiter well ELISA reader at 450 nm. The unknown sample values are then read-off the standard curve.

## MATERIALS AND EQUIPMENT REQUIRED

Adjustable micropipet (25-100 µl) and multichannel pipet with disposable plastic tips. Reagent troughs, plate washer (recommended) and ELISA plate Reader.

## PRECAUTIONS

The Control and Standards have been prepared from human sera shown to be negative for HBsAg and HIV antibodies. Nevertheless, such tests are unable to prove the complete absence of viruses, therefore, sera should be handled with appropriate precautions.

Applicable **MSDS**, if not already on file, for the following reagents can be obtained from ADI or the web site.

TMB (substrate), H2SO4 (stop solution), and Proclin-300 (0.1% v/v in standards, sample diluent and HRP-conjugates).

[http://4adi.com/commerce/info/showpage.jsp?page\\_id=1060&category\\_id=2430&visit=10](http://4adi.com/commerce/info/showpage.jsp?page_id=1060&category_id=2430&visit=10)

## SPECIMEN COLLECTION AND HANDLING

The determination of GLP-1 should be performed on human EDTA plasma samples. **We recommend using DPP IV inhibitors or BD collection tubes that contains DPPIV. The DPPIV prevent GLP-1 degradation in the sample. It is better to test the samples as soon as possible. Sample dilutions, if required, should be performed in ELISA buffer.**

Avoid repeated freezing and thawing of samples. For long term storage of samples, it is recommended that samples should be aliquoted into sample tubes or vials prior to freezing. Prior to use, allow all specimens to come to room temperature (22oC to 28oC) and mix by gentle inversion or swirling. Avoid grossly hemolyzed or grossly lipemic samples.

## Reagent Preparation

- Prepare 1X wash buffer from 40X stock.** Dilute 50 mL of **40X Wash buffer Conc.** with 1,950 mL of deionized water and mix it. This is the wash buffer for use. This prepared wash buffer shall be stored in refrigerator and used within 2 weeks after dilution.
- Prepare 1X Antibody-HRP Conjugate from 30X stock.** Prepare 900 ul for every 8-well strip or 10 ml for full plate. Example, 30 ul stock conjugate and 870 ul of Anti-HRP dilution buffer or 0.33 ml stock conjugate in 0.966 mls for a full plate assay. Note: Do not store diluted conjugate beyond the assay date and prepare in required volumes only.
- Preparation of Working standards. (see detailed procedure on page 3).